



NORTHWESTERN DEPARTMENT OF
Medicine

Match 2020!

Special Thanks

- Douglas Vaughan
- 2019-20 Chief Residents
 - Lua Jafari
 - Lauren Lee
 - Fred McLafferty
 - Nicholas Simon
 - Jamie Treadway

Special Thanks

- Warren Wallace
- Aarati Didwania
- Dave Neely

- Kim Dow
- Courtney Jones
- Socorro Esparza
- Rhiannon Weathers
- Bridget Murdoch



Special Thanks

Selection Committee

Mike Angarone

Liz Apolonio

Mobola Campbell-Yesufu

Yusra Cheema

Angelo Costas

Rachel Cyrus

Aarati Didwania

Brigid Dolan

Dan Evans

Khalilah Gates

Bruce Henschen

Rob Hirschtick

Lua Jafari

Sadiya Khan

Cheryl Lee

Lauren Lee

Gary Martin

Fred McLafferty

Debi Mitra

Dave Neely

Sean O'Connor

Jim Otto

Ronak Patel

Jay Paparello

Nick Simon

Ben Singer

Maria Theodorou

Pat Tosetti

Jamie Treadway

Erin Unger

Julie Vermylen

Diane Wayne

Warren Wallace

Special Thanks

Mobola Campbell-Yesufu, Khalilah Gates, Jonathan Moriera

Residents: Edwin Mandieka and Orlyn Rivas

Diversity and Cultural Affairs Council

Brigid Dolan

Women's Health and Professional Development

Ben Singer

Physician Scientist Training Program

Distinguished Interviewers

<u>Faculty Name</u>	<u>Number</u>
Rob Hirschtick	15
Mobola Campbell – Yesufu	13
Dan Evans	12
Bruce Henschen	12
Mike Angarone	11
Emily Jones	11
Jonathan Moreira	11
Dave Neely	11
Gary Martin	10
Aditi Puri	10

Outdid themselves

Susan Quaggin - 16

Rookie of the Year

Maria Theodorou

MVFellow

Eric Cantey

MVDivision

Hospital Medicine

MVFaculty

Pat Tosetti – 25!

Props to the Residents





NORTHWESTERN DEPARTMENT OF
Medicine

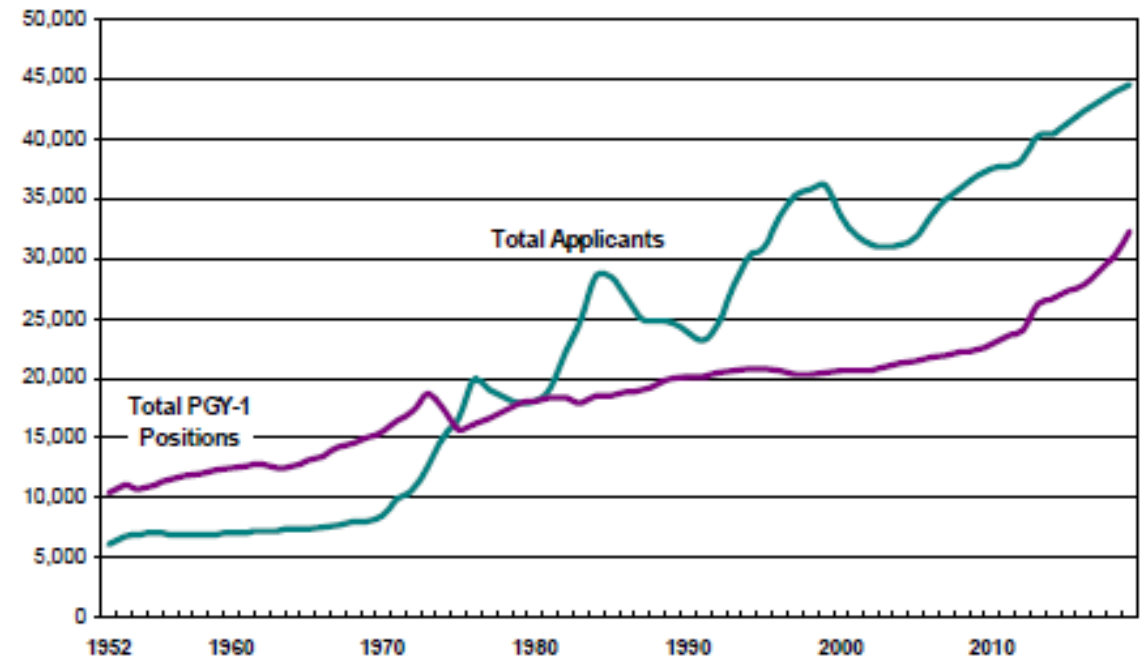
Match 2020!!!

Stats and Results

The Applicant Pool

- 2019: Total Applicants highest ever
 - 18,925 USMG (slight increase from 2018)
 - Couples 2,152 (slight decline)
 - 561 in 2001
- 517 IM residencies → 564 in 1 year!
 - 7,892 PGY1 IM spots in US
 - 3,366 USMG applicants
- Average # of schools applied in IM
 - 2001 = 19
 - 2017 = 39
 - 2019 = 45

Figure 1 Applicants and 1st Year Positions in the Match, 1952 - 2019



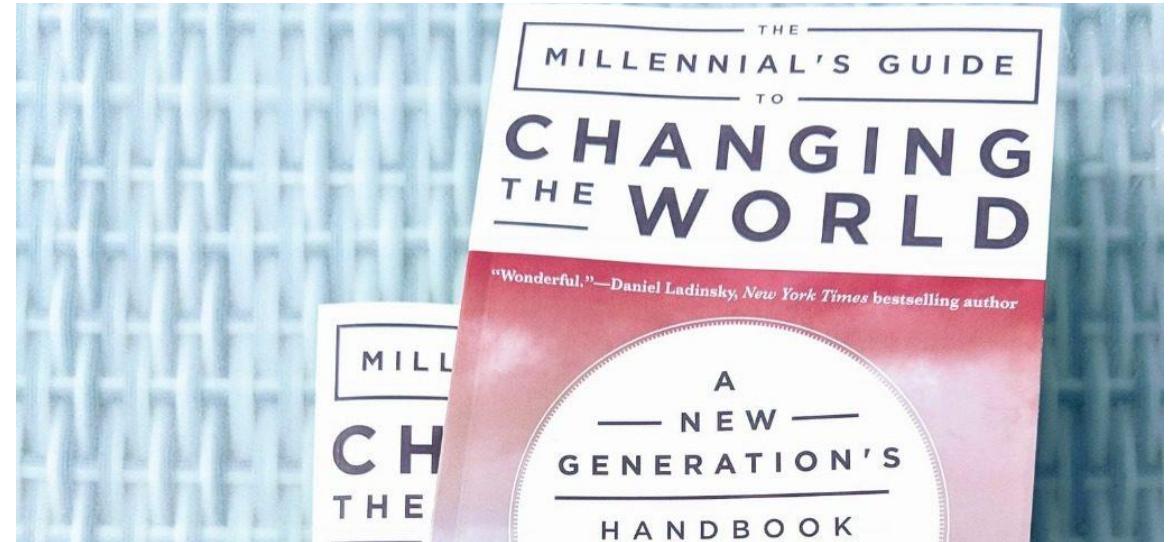
The NU Applicant Pool

- 3120 Categorical applications
 - 1970 (USMG allopathic)
 - 420 AOA
 - 667 Top 25 Med School
- 154 USMG PSTP applications
- 33 USMG MedDerm applications

>450 Interviewed

Themes

- 2012 to 2015 → Work Hours
- 2015 to 2018 → X+Y
- 2019 → POCUS
- 2020 →
 - Addiction Medicine
 - Sustainability
 - Care for the underserved
 - Family Leave policies
 - Wellness



Summary

34 Categorical, 4 PSTP, 2 Prelims, 1 MedDerm

- 51% Female & 49% Male
- 18% URM
- 79% from top 25 schools
- 36% AOA
- Avg Step 1 score:

PASS

This result is based on the minimum passing score recommended by USMLE for Step 1. Individual licensing authorities may accept the USMLE-recommended pass/fail result or may establish a different passing score for their own jurisdictions.

Basel Allaw

Medical School:

- Emory

Undergraduate:

- Emory

Interviewed By:

- Dr. Hawkins Gay & Dr Manu Jain

Interesting fact:

- Started varsity Bball 4 years in High School and 5th leading scorer all-time in school's history!
- Volunteer work with Syrian American Medical Society
- Research in metastatic neuroendocrine tumors.
- Gold Humanism Honor Society
- Dr. Manu Jain, "He's not afraid of hard work"



Evansville, IN; Chicago, IL

Remy Bremner

Medical School:

- University of Pennsylvania

Undergraduate:

- University of Pittsburgh

Interviewed by:

- Dr Akhil Narang & Dr Rob Hirschtick

Interesting Fact:

- Played Division I rugby in the Mid-Atlantic Conference. Placed 8th nationally in 2018.
- Spent 1 year as a medical scribe
- Volunteer efforts and research in health disparities
- If she couldn't be a doctor, she'd be...an Anthropologist



Berwyn, PA

Ben Bryant

Medical School:

- Wake Forest School of Medicine

Undergraduate:

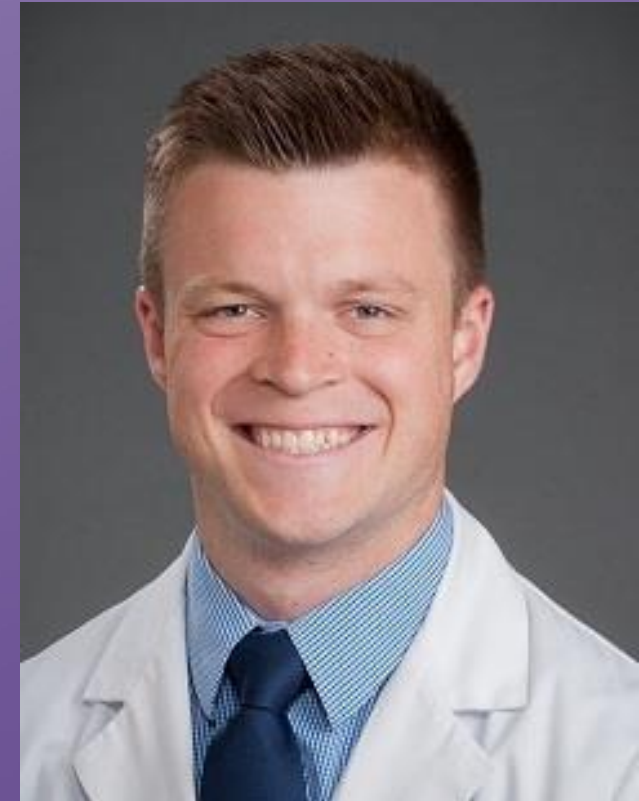
- Carnegie Mellon

Interviewed By:

- Dr Ansel Adams & Dr Lua Jafari

Interesting fact:

- Youngest of 7 siblings
- College: majored in Hispanic studies/Spanish language. Played 4 years varsity soccer.
- Research in metabolism and MSK disease
- "Distinguished Volunteer" at the Delivering Equal Access to Care (DEAC) clinic
- Plans to do Oncology



Toledo, OH

Elizabeth Cabrera

Medical School:

- University of Pittsburgh

Undergraduate:

- University of Florida

Interviewed by:

- Dr Gordon Wood & Dr Julia Vermylen

Interesting Fact:

- 9 peer reviewed publications! Theme is behavioral medicine
 - 2 years at NIH in substance abuse disorders
 - Project on firework injuries
- Heavy volunteer work
- Fluent Spanish speaker



Miami, FL

Jessica Cao

Medical School:

- Baylor

Undergraduate:

- Duke University

Interviewed by:

- Dr Ikuo Hirano & Dr Tara Reddy

Interesting Fact:

- Ballet dancer – trains weekly with professional Ballet organization in Houston.
- Pianist having played at Carnegie Hall twice
- Boxes for fun!
- Very interested in health care disparities with projects in vascular disease.



Houston, TX

Krishan Chhiba-PSTP

Medical School:

- Northwestern

Undergraduate:

- Cornell

Interviewed by:

- Dr Karen Ridge & Lua Jafari

Interesting Fact:

- PhD in Mast Cells biology
- Numerous research grants
- Lua: “Mechanism driven” in mastering cooking
- Recent project in atopic dermatitis and anxiety disorder
- Pursuing Allergy/Immunology



Newark, CA

Laura Donahue

Medical School:

- University of Michigan

Undergraduate:

- University of Michigan

Interviewed by:

- Dr Marion Stanley & Josh Cheema

Interesting Fact:

- Incredible background in ecology and sustainability
- Sustainability fellow and Professional life cycle analyst
- Singer – A cappella group ‘Auscultations’
- Career in GIM/Hosp Med and studying sustainable systems of care
- Marion Stanley: “A go-getter!”



East Lansing, MI

Peter Doukas

Medical School:

- Northwestern

Undergraduate:

- Loyola University

Interviewd by:

- Dr Hawkins Gay & Dr James Flaherty

Interesting Fact:

- Speaks Greek
- Projects with Dr. Akhter in cardio-onc. Also research in CTCL.
- Pursuing Oncology
- Hawkins: “Peter says what he means”



Dyer, IN

Danielle Dressler

Medical School:

- Northwestern

Undergraduate:

- Brandeis University

Interviewed by:

- Dr Clara Schroedl & Dr Marla Mendelson

Interesting Fact:

- Research with Dr. Eklund on molecular precursors to AML.
- Project with Suneel Kamath on the return of smoking on television 😞
- Wants to be a Malignant Hematologist!



Harrison, NY

Manuel Fernandez

Medical School:

- UIC Chicago

Undergraduate:

- Loyola

Interviewd by:

- Dr Nancy Dolan & Dr Dan Evans

Interesting Fact:

- Finished two bachelor degrees (bio and philosophy) at Loyola in 2 years!
- Fan of soccer and opera.
- Basic science colon cancer project over 4 years of med school.



Jacksonville, FL





Previn Ganesan

Medical School:

- UCSF

Undergraduate:

- Berkeley

Interviewed by:

- Dr Grant Barish & Dr Amisha Wallia

Interesting Fact:

- MPH during medical school
- Albert Schweitzer Fellowship to create and EMR for a homeless shelter clinic.
- Interested in oncology, has worked in two excellent molecular biology research labs
- Likes playing Bball...outdoors



Pasadena, CA

Jack Goergen

Medical School:

- Northwestern

Undergraduate:

- Northwestern

Interviewed by:

- Dr Thomas Holly & Dr Karen Ridge

Interesting Fact:

- Founded the Global Surgery Student Alliance chapter at NU and received an award for outstanding leadership
- Cardiology interest – LVAD project with Jon Rich, Psych disease and Takatsubo's with Jim Flaherty.
- Diane B Wayne Award!



Downers Grove, IL

Emily Gup

Medical School:

- University of Pennsylvania

Undergraduate:

- Muhlenberg College

Interviewed by:

- Dr Beth Anne Scharle & Dr Maya Vankineni

Interesting Fact:

- Former aspiring actress!
- A lot of service work
- Has done multiple projects in substance use disorders and has a career interest in addiction medicine.



Pittsburgh, PA

Andrew Gustafson

Medical School:

- Baylor

Undergraduate:

- Texas A&M

Interviewed by:

- Dr Debi Mitra & Dr Alex Monroe

Interesting Fact:

- High school math geek and offensive lineman on football team.
- Volunteered in Houston after Hurricane Harvey
- Was in the Space Medicine track at Baylor. Worked on a transcranial Doppler to measure ICP in space!
- Can also make balloon animals



Bryan, TX

Sara Hockney

Medical School:

- Northwestern

Undergraduate:

- Notre Dame

Interviewed by:

- Dr Emily Jones & Gopi Astik

Interesting Fact:

- Cum Laude from Notre Dame
- Dr. Henschen (ECMH preceptor), “She’s awesome!”
- Transplant ID research with Dr. Stosor and Zembower



Crown Point, IN

Rachel Hoffman

Medical School:

- University of Washington

Undergraduate:

- Wash U

Interviewed by:

- Dr Ansal Amaral & Dr Rachel Cyrus

Interesting Fact:

- Professional dog walker during med school!
- Competitive equestrian
- Has a twin sister!
- Extensive work, research projects and interest in health equity
- Interests also in GI and Pulm.



Piedmont, CA

Vasilios Kalas-PSTP

Medical School:

- Wash U

Undergraduate:

- University of Chicago

Interviewed by:

- Drs Pandolfino, Prindle, Rocklin, Summa, Tetreault

Interesting Fact:

- PhD in immunology/microbiology and computational science
- Career plans in GI
- Plays jazz piano and the bouzouki (greek string instrument). Participated in 'music in medicine' at WashU.



Orland Park, IL

Rachel Kasimer

Medical School:

- Northwestern

Undergraduate:

- University of Rochester

Interviewed by:

- Dr Cybele Ghossein & Dr Emily Szmuiłowicz

Interesting Fact:

- Dr. John Clarke Award – humanism and physicianship.
- Nephrogenic cystinosis project.
- Interested in a career in hospital medicine.
- Wants to be a medical educators (residency PD!)
- Wrote about post-it pearls in personal statement!



Sharon, MA

Max Kelsten

Medical School:

- Northwestern

Undergraduate:

- Northwestern

Interviewd by:

- Dr Adam Stein & Dr Gary Martin

Interesting Fact:

- Interned for the Yankees
- Interest in theatre and has taken classes on Skakespeare.
- Research in prostate CA and neurosurgery
- Incredible FSM committee work



Columbus, OH

Ellis Kim-PSTP

Medical School:

- University of Chicago

Undergraduate:

- University of Chicago

Interviewed by:

- Drs Burridge, Thorp, Arora, George Jr, & Ghosh

Interesting Fact:

- Violinist – played in the University Chamber Orchestra for 7 years
- PhD in cell-based muscular dystrophy models. Research mentor Dr. Beth McNally
- Planning to pursue Cardiology



Seoul, South Korea and St Paul, MN

Props to our amazing @NU_IntMed residency alum!



Bianca Lavelle

Medical School:

- Northwestern

Undergraduate:

- Brown

Interviewed by:

- Dr Dan Schimmel & Dr Susan Quaggin

Interesting Fact:

- Dual degrees from Brown: Architecture and Immunology
- An avid flaneur and amateur photographer
- Basic research in cardiac hypertrophy with Dr. Wilsbacher.
- Wants to do Interventional Cards...Per Dr. Schimmel, “She has grit!”



Long Beach, CA

Kristen Lee

Medical School:

- Johns Hopkins

Undergraduate:

- Duke University

Interviewd by:

- Dr Julia Vermylen & Dr Brigid Dolan

Interesting Fact:

- ObGyne resident, now has seen the light!
- Harry S. Truman Presidential Scholarship: Completed a competitive policy fellowships related to rural health and ACA implementation
- SNMA Hopkins Award for research “Improving Health in Underserved Populations”
- Flutist for over 10 years



Sylvia Li

Medical School:

- University of Michigan

Undergraduate:

- Harvard

Interviewed By:

- Dr Elizabeth Apolonio & Dr Brigid Dolan

Interesting Fact:

- #65 tennis player in country in HS. Played college.
- Has taken improv and mandarin to improve her clinical skills.
- Research on sleep medicine and integrative medicine.
- Wants to be a hospitalist



Cupertino, CA

Alejandra Marinelarena- PSTP

Medical School:

- University of Illinois, Chicago

Undergraduate:

- Harvard

Interviewed by:

- Dr Cybele Ghossein & Leonidas Plataniias

Interesting Fact:

- Multiple pre-doctoral research awards
- PhD research in T cell regulation in Type 1 DM.
- Planning a career in Endocrinology
- LMSA Co-president
- Has memorized the lyrics to her favorite musicals, Wicked and Dear Evan Hanson, Hamilton and Into the Heights



Chicago, IL

Priya Mehta

Medical School:

- Georgetown

Undergraduate:

- Saint Louis University

Interviewed By:

- Dr James Paparello & Dr Leslie Grammer

Interesting Fact:

- Had her own Radio Show in college, “The Human Condition”
- Gtown’s Health Justice Scholars Track
- Projects in cardiovascular imaging
- Interested in women’s health and cardiology



Addison, IL

Justin Olivas

Medical School:

- UT Houston

Undergraduate:

- Baylor

Interviewed by:

- Dr Emily Jones & Dr Dan Ganger

Interesting Fact:

- Lots of medical school committee involvement.
- Interested in Cards vs GI with multiple projects in PUD and UC.
- A foodie and traveler



Burleson, TX

Dylan Olson

Medical School:

- University of Washington

Undergraduate

- Whitworth University

Interviewed by:

- Dr Debi Mitra & Dr John Flaherty

Interesting Fact:

- College Baseball Player
- Outdoorsy and Mountain biker
- Project on engineering HIV resistant HeLa cells.
- Dr. John Flaherty, “Tremendous energy, a force of nature!”



Boise, ID

Malhar Patel- Prelim

Medical School:

- Duke

Undergraduate:

- University of North Carolina

Interviewed by:

- Dr Aashish Didwania

Interesting Fact:

- In the McKinsey-MD fellowship
- Interested in public health – Medicaid expansion, cost of devices
- Plans to complete prelim year and return to non-profit arm or McKinsey!



Elmira, NY

Anthony Pensa

Medical School:

- Northwestern

Undergraduate:

- Northwestern

Interviewed By:

- Dr Rob Hirschtick & Dr Tim Caprio

Interesting fact:

- Patton Scholarship for highest GPA in undergrad
- Med school research in muscular dystrophy.
- More recent GI research with Dr. Raj Keswani on VTE prophylaxis in IBD.
- Loves the VA!!!



Arlington Heights, IL

Joshua Prenner- Med Derm

Medical School:

- U Chicago

Undergraduate:

- Brown University

Interviewed By:

- Dr. Bruce Henschen & Dr. Fred McLafferty

Interesting fact:

- Research on HIV and sex workers
- LGBTQIA- interested in bias reduction
- Interested in Rheum-Derm



Bronx, NY

Daina Ringus

Medical School:

- Northwestern

Undergraduate:

- Yale

Interviewed By:

- Dr Nicholas Simon & Dr Phillip Santoiemma

Interesting Facts

- PhD from Cornell! Research in small molecules and gut microbiome.
- Into fermenting: dairy, beer, wine, spirits
- Interested in food science/nutrition



Chicago, IL

Dr. Reza Manesh Faculty Recruit!

Medical School:

- University of Pittsburgh class of 2012

Residency:

- UCSF class of 2015

Interviewed By:

- Dr. Sanjiv Shah and Dr. Paul Greenberger on 1/6/2012!!

Interesting Facts

- Hospitalist at Johns Hopkins 2015 to present
- Mentor to our recent grads Blair Golden and Anand Patel
- Co-creator and Co-host of Clinical Problem Solvers Podcast
- Joining @NU_IntMed as Associate Program Director this summer!



Sewickley, PA

JR Schnitter

Medical School:

- Mt Sinai

Undergraduate:

- Canisius College

Interviewed By:

- Dr Kathy Neely & Dr Pat Tosetti

Interesting fact:

- 63rd place finish in the 2017 New York City Marathon with a time of 2:33:05!
- Taught Americorp for a year
- Gold Humanism awardee
- Passionate about ethics and justice. Project on conflicts when schools are named after donors.



Buffalo , NY

Anthony Sorrentino

Medical School:

- Univ of Florida

Undergraduate:

- Univ of Florida

Interviewed by:

- Dr Sean O'Connor & Ajay Bhasin

Interesting Fact:

- Folk guitarist and marathon runner
- Biomedical engineer
- Project in QI and reducing diagnostic waste.
- Interest in systems administration and medical education



Ocala, FL

Eric Swanson

Medical School:

- Tufts

Undergraduate:

- Texas A&M

Interviewed by:

- Dr Whitney Stevens & Jeffrey Barsuk

Interesting Fact:

- In college, developed a curriculum “Popular Flops: A Study of Bad Movies”
- The Commish of the Tufts Basketball Association!
- Executive director of a free clinic for 4 years
- Clinical interest in GI and MedEd



Reading, MA

Andrew Tout

Medical School:

- University of Pittsburgh

Undergraduate:

- Texas A&M

Interviewed by:

- Dr John Pandolfino & Dr Mohammed Javeed Ansari

Interesting Fact:

- Merit scholarship to medical school
- Finished 4 marathons
- Project on orthopedic interventions for Lyme Arthritis
- Career interest in Pulm/CC



Naperville, IL

Katherine Trinh

Medical School:

- Dartmouth

Undergraduate:

- Berkeley

Interviewed by:

- Dr Susan Quaggin & Dan Evans

Interesting Fact:

- 2nd degree black belt and two-time national champ in taekwondo. Also trains in Jiu-Jitsu and Muay Thai
- Interested in health advocacy and social justice
- Clinical interest GI with projects in pancreatic disease



Fremont, CA

Asantewaa Ture

Medical School:

- Rush

Undergraduate:

- University of Pennsylvania

Interviewed by:

- Dr Natasha Nichols & Dr Mobola Campbell- Yesufu

Interesting Fact:

- Project at NU looking at mortality in cirrhotics
- EMR project, “Are EMRs Really Epic?”
- Powerful project looking at race portrayal in UWorld’s question bank.



St Louis, MO

Pedro Vera Gonzalez

Medical School:

- Harvard

Undergraduate:

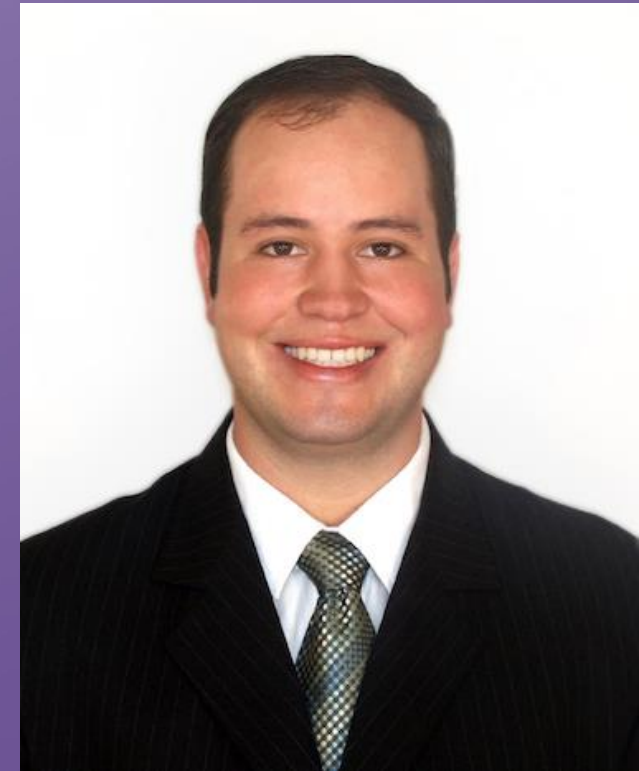
- Harvard

Interviewed by:

- Dr Jonathan Moreira & Dr Patrick Tosetti

Interesting Fact:

- High school physics teacher
- Passionate about social determinants of health and LGBTQ, Latino and immigrant communities
- Dr. Tosetti, “He’s resilient!”
- Career plans in GIM or Cardiology



Edinburg, TX and Teul, Mexico

Aishwarya Vijay

Medical School:

- Yale

Undergraduate:

- Yale

Interviewed by:

- Dr Rachel O'Mara & Dr Aditi Puri

Interesting Fact:

- 11 pubs, most recent on her 4-year project analyzing CMS formulary regulations between drugs.
- Project working in Malaysian prison studying drug addiction.
- Travel blogger
- Violinist and Co-Concertmaster of the Yale Symphony Orchestra since 2015.



Iowa City, IA

Indre Vysniauskaite

Medical School:

- Georgetown

Undergraduate:

- University of California- Irvine

Interviewed by:

- Dr Tim Caprio & Dr Angelo Costas

Interesting Fact:

- 1 year as a medical scribe
- Project on anti-HTN meds at discharge
- Rock climber, Bball enthusiast and Lithuanian folk dancer



Vilnius, Lithuania and
Orange County, CA

Noah Wasserman- Prelim

Medical School:

- Wash U

Undergraduate:

- University of Chicago

Interviewed by:

- Dr Aashish Didwania

Interesting Fact:

- Line cook at the Publican restaurant
- Prep cook at Boltwood
- Worked at CERN for a year in charge of the calibration of 20,000 particle detection channels within the ATLAS detector in the Large Haldron Collider.
- Going into Diagnostic Radiology



Wilmette, IL

Faculty who matched more than 1 intern

Patrick Tosetti – 3

Ansel Amaral – 2

Tim Caprio - 2

Brigid Dolan – 2

Dan Evans – 2

Hawkins Gay – 2

Robert Hirschtick – 2

- Lua Jafari – 2

- Emily Martin Jones - 2

- Debi Mitra – 2

- John Pandolfino - 2

- Susan Quaggin – 2

- Karen Ridge – 2

- Julia Vermylen - 2

@NU_IntMed Past Events

- Landsberg Society Weekend Conference
- Fellowship Match
- Holiday Meals
- Intern Academic Half Days
- PGY2 Retreat and MKSAP gift
- SGIM Story Slam (the Charlotte Campbell Mic Drop)



Heroism – our residents are awesome

Hi Dr. Didwania,

I'm on an elective rotation with a vacation week next block, and just wanted to reach out and let you know I'm happy to work through that vacation week if needed, just let me know what I can do to help!

Hey Fred,

I hope you've been well. Sounds like management surrounding the coronavirus spread is quite a project, and we collectively appreciate all that you are doing to keep us and our patients safe. I am currently on a vacation week but, with the exception of Wed PM moonlighting, I don't have any firm commitments for the rest of the week. Feel free to use me for aircall or backup coverage as necessary. Happy to help out the greater team.

Hi Dr. Didwania,

Thank you for the briefings and the meeting yesterday, it's all been really helpful, and thank you for all the work you guys are doing.

I emailed Lua and the chiefs about this last week, but I am more than happy to help in any way I can - whether it's back up call or helping in some other way. If ID or pulm consults needs more hands - I'm happy to change my elective to them as well. Please let me know - both in the coming weeks and during my scheduled vacation (which I am cancelling)

