



NORTHWESTERN DEPARTMENT OF
Medicine

@NU_IntMed Match Day Celebration

Thank you to the recruitment team



NORTHWESTERN DEPARTMENT OF
Medicine

Kelly Hrdy



Beverly Basit



Kim Dow



Socorro Esparza



Sarah Chuzi
Aarati Didwania
Dave Neely

Debi Mitra
Ben Singer
Sadiya Khan



NORTHWESTERN DEPARTMENT OF
Medicine



The Chief Medical Residents



Special Thanks

Selection Committee

Jason Arnold

Mike Angarone

*Liz Apolonio

Avni Bavishi

Jeff Barsuk

*Yusra Cheema

Sarah Chuzi

Angelo Costas

Rachel Cyrus

Aarati Didwania

Brigid Dolan

Dan Evans

Claire Harrington

Bruce Henschen

Cheryl Lee

Kate McGee

Jonathan Moreira

Debi Mitra

David Neely

Claire Harrington

Bruce Henschen

Cheryl Lee

Adeboye Ogunseitan

Sean O'Connor

*Kevin O'Leary

Jim Otto

*James Paparello

Ronak Patel

Beth Anne Scharle

Shaundeep Sekhon

Marion Stanley

Maria Theodorou

Pat Tosetti

James Walter

Diane Wayne

Brianna Valdes



Diversity Selection Committee



NORTHWESTERN DEPARTMENT OF
Medicine

- Sarah Chuzi
- Michelle Fletcher
- Muriel Jean Jacques
- Cheryl Lee
- Debi Mitra
- Jonathan Moreira
- Boye Ogunseitan
- ChiChi Pickens
- Yoli Rodriguez
- Marion Stanley
- Maria Theodorou
- Julie Vermylen
- Mac Walter
- Diane Wayne
- CMRs
- Liz Cabrera
- Manny Fernandez
- Bianca Lavelle
- Asantewaa Ture
- Olive Osaghea
- Maria Hernandez
- Alex Worix



Faculty Interviewers

> 1000 Faculty Interviews
500 hours of faculty time

- Hosp Med – 266
- GIM - 204
- Cards – 79
- PCCM – 61
- GI/Hep - 54
- Neph - 52
- Heme/Onc – 40
- Palliative -35
- ID – 24
- Rheum – 19
- Allergy – 19
- Endo – 8
- Chief Residents - 102



Distinguished Interviewers!



NORTHWESTERN DEPARTMENT OF
Medicine

>10

Beth Anne Scharle

Bruce Henschen

Cheryl Lee

Dan Evans

James Paparello

Julie Vermylen

Kelley Wachsberg

Maria Theodorou

Marion Stanley

Sarah Chuzi

Sean O'Connor

Zach Hughes

>15

Avni Bavishi

Ian Everitt

Jeff Barsuk

Shaun Sekhon

Wendy Brown

>20

Debi Mitra

Claire Harrington

James Walter (24!!)

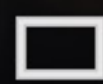
Pat Tosetti

Brianna Valdes

Jason Arnold



3:31 / 3:48





Themes in 2022-2023

- Application Inflation
- Virtual Interview Season
- More P/F grading; particularly from coasts
- Fewer AOA designation
- More Gold Humanism
- Wellness
- Diversity, Equity and Inclusion
 - Holistic Review for DEI with a 26-person committee!
 - Used a rubric published by the AAMC that removed school rank, AOA and upweighted leadership, service, life experiences.
 - Revised our Interview Evaluation Form for improved language
 - Blinded our reviewers to certain data to improve holistic review.



Residency Interview Season

3120 applicants

2064 USMG

Avg # Programs Applied (USMG) = 34

PSTP – 207 applicants

HO = 73

Cards = 55

GI/Hep = 26

ID = 15

PCCM = 14

Endo = 10

Allergy = 4

Rheum = 3

Nephro = 3

GIM = 1



Props to the Interns

Props to the Residents: PGY2 Retreat



Props to the Residents: The SENIORS





Trigger Warning

COMPARISON
IS THE
THIEF OF JOY.

**IMPOSTER
SYNDROME**



Northwestern IM Residency Class of 2026



Class Stats
20% Gold Humanism
37% URM
40% AOA
61% from Top 25

Northwestern Medicine®

Cayla Bales

Medical School:

- Northwestern

Undergraduate:

- Notre Dame

Interviewed By:

- Dr. Susan Russell & Dr. Brianna Valdes

Interesting fact:

- Women's health– research on impact of COVID-19 on abortion care, board member of Feinberg's "Medical Students for Choice"
- Educated classmates on best practices for transgender adolescents
- Co-founded the Climate Action Group at Feinberg
- Assistant Producer of "Off the Record," an annual monologue show highlighting the experiences of the Feinberg community
- Dog walker and house sitter for Wag!



Hometown: Munster, IN

Chen Chen

Medical School:

- Northwestern

Undergraduate:

- Northwestern

Interviewed By:

- Dr. Jason Arnold & Dr. David Young

Interesting fact:

- Spearheaded a COVID-19 Virtual Health Education team.
- Worked with Second Opinions Consulting Team (under Abel Kho)- a pro bono healthcare consulting team that serves community health centers in Chicago.
- Basic science research– hiPSC (human induced pluripotent stem cell derived) cardiomyocytes
- Cardiology research with Nausheen Akhter and Neil Stone
- Sings for Docappella - soprano



Hometown: Shanghai, China

Samantha Duarte

Medical School:

- Northwestern

Undergraduate:

- Boston College

Interviewed By:

- Dr. Kelley Wachsberg & Dr. Marianne Green

Interesting fact:

- Gold Humanism Awardee
- Started in grad school to obtain PhD in Chemistry...fell in love with clinical medicine
- Self-described "extroverted introvert".
- Machine Learning research with Dr. Young Chae - AI algorithms to classify lung cancer variants, resulting in a first author publication.
- Research with Dr. Muriel Jean-Jacques on screening for IPV.
- Interested in Hospital Medicine



Hometown: St. Charles, IL

Michael Dybala

Medical School:

- UIC

Undergraduate:

- Harvard

Interviewed By:

- Dr. Cybele Ghossein & Dr. Christopher Moore

Interesting fact:

- Spent 3 years as an ADA camp counselor.
- Research year at NIH/UofC studying metabolism/obesity – 11 papers on Type 1 DM.
- Silver Scalpel - given to the best 3rd year surgery clerkship student
- Athlete: Two-time triathlon finisher, marathoner, goalkeeper for the UIC Club Soccer team.



Hometown: New Lenox, IL

Brandon Ellsworth

Medical School:

- Michigan

Undergraduate:

- Hope College

Interviewed By:

- Dr. Anju Peters & Dr. Jeff Linder

Interesting fact:

- Gold Humanism awardee
- Multiple publications on using implementation science framework to enhance diversity in medicine
- Founded an Adaptive Sports student group for wheelchair basketball and tennis events
- Grit and resilience
- Detroit Lions fan



Hometown: Fowlerville, MI

Celeste Fang: PSTP

Medical School:

- Northwestern

Undergraduate:

- Cornell

Interviewed By:

- Dr. Rachel Amdur & Dr. Claire Harrington

Interesting fact:

- Studying aberrancies in chromatin folding in leukemia with Dr. Ntziachristos
- Also looked at associations between genetic profile of leukemia subtypes and adverse cardiac events with Nausheen Akhter
- Co-director of PRISM (Promoting Inner-City Youth in Science and Medicine) program, mentoring high school students
- Aspiring artist with a website!
- Career Interest in Heme/Onc



Hometown: Vancouver, B.C.

Celeste's Art



Carol Garcia

Medical School:

- Wisconsin

Undergraduate:

- Augustana College

Interviewed By:

- Dr. Gopi Astik & Dr. Sarah Chuzi

Interesting fact:

- Gold Humanism awardee
- Started a mentorship program at UW Madison to guide Latinx students into the medical field, and co-president of LMSA
- Longitudinal involvement with student-run free clinic
- Research on cryotherapy in pain
- Cross country and track captain in undergrad. Award for highest GPA of all graduating varsity athletes at Augustana.



Hometown: Belvidere, IL

Michael Hammond

Medical School:

- University of Ghana

Undergraduate:

- University of Ghana

Interviewed By:

- Dr. Jayson Baman & Dr. Gordon Wood

Interesting fact:

- Worked as an Emergency Medicine doc full time in Ghana
- MPH from Boston University - Framingham Heart Study
- Since 2020, research projects with Drs. Sadiya Khan, Mary McDermott, Bob Kushner (Zach Hughes, Ian Everitt)...all in Cardiac Epidemiology with over 12 papers.



Hometown: Accra, Ghana

Faheem Handoo

Medical School:

- Indiana

Undergraduate:

- Michigan

Interviewed By:

- Dr. Jeff Barsuk & Dr. Harris Perlman

Interesting fact:

- Research on relationship between markers of OSA and HF phenotypes
- Research on anticoagulant quality improvement via Michigan Clinical Outcomes Research and Reporting Program (MCOORP)
- Community service work- longitudinal work with outreach clinic and local Muslim-run clinic in Indianapolis
- Michigan Wolverines football fan



Hometown: Ann Arbor, MI

Madeline Hooper: Prelim-Med

Medical School:

- University of South Florida

Undergraduate:

- Northwestern

Interviewed By:

- Dr. Jason Arnold & Dr. Aashish Didwania

Interesting fact:

- Gold
- Yearlong fellowship with NU Derm – worked with Dr. Zhou on CTCL.
- AOA Medical Student Service Leadership Project Grant
- Humanities Director for Tampa Bay Street Medicine – created photo narrative project depicting how people facing homelessness experience healthcare. Published in AMA Journal of Ethics.
- Photographer
- Matched to NU for Dermatology !



Hometown: Greenbrae, CA

Madeline's article "Summer without Shelter in Tampa During COVID-19"



Alexander Hurtado

Medical School:

- Case Western

Undergraduate:

- Wash U

Interviewed By:

- Dr. Jonathan Moreira & Dr. Jeff Barsuk

Interesting fact:

- GI research – IBD, Barretts esophagus. Awarded 2 NIH grants to support research.
- Basic science research – Role of Gasdermin B in pathogenesis of IBD.
- Grit!
- College baseball player !



Hometown: Chicago, IL

Renie Iniguez

Medical School:

- UIC

Undergraduate:

- Loyola

Interviewed By:

- Dr. Shaundee Sekhon & Dr. David Neely

Interesting fact:

- Member of Urban Medicine program.
- Created and evaluated workshop highlighting Latinx cultural beliefs about diabetes and impact on healthcare decisions- resulted in publication
- Multiple (> 5 posters) discussing language fluency and effect on patient care.
- Competitive body building



Hometown: Woodridge, IL

Diana Jaber

Medical School:

- George Washington University

Undergraduate:

- Wake Forest

Interviewed By:

- Dr. Ann Tantoco & Dr. Diane Wayne

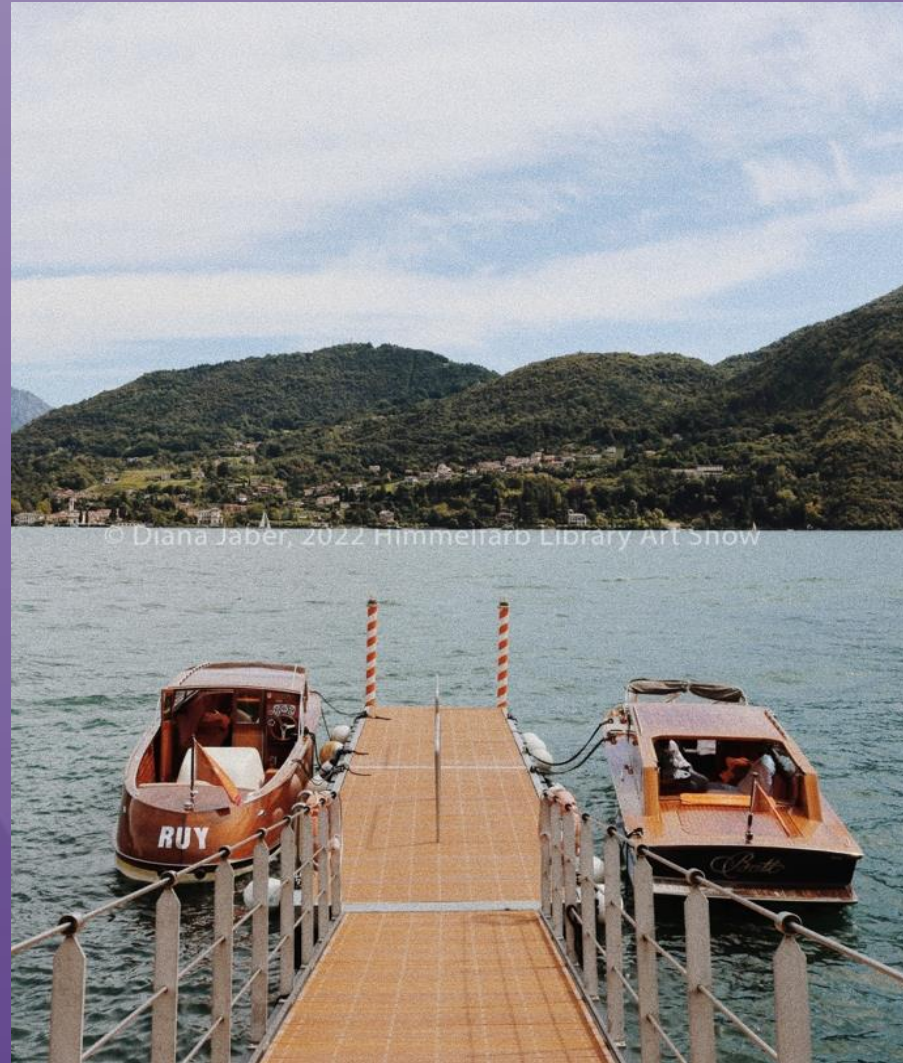
Interesting fact:

- Leadership role with Pancreatic Cancer Action Network (PanCAN).
- Research in palliative care and geriatrics – coauthor on 7 publications including deprescribing in geriatrics/HF
- Co-president of AMWA- established mentorship program for undergrads and involved in efforts to identify and fight trafficking
- Amateur photographer – land and cityscapes - work recently featured in a local art show.



Hometown: Amarillo, TX

Diana's Photography



Jason Katz

Medical School:

- University of Florida

Undergraduate:

- University of Florida

Interviewed By:

- Dr. Brigid Dolan & Dr. Arnold Abud

Interesting fact:

- Projects in COPD and microparticle exposure. And in CF and pip/tazo and cefipime drug monitoring...exacerbations.
- Strong experience in mentoring
- Tennis: I enjoy playing tennis with my mother who is a prior #1 professional player in Romania who still beats me every time.
- 2014 US World Champion Competitive Action Target Shooter
- Interested in PCCM and Primary Care



Hometown: St. Petersburg, FL

David Lee: PSTP

Medical School:

- Penn

Undergraduate:

- Haverford College

Interviewed By:

- Dr. Peter Sporn & Dr. Bruce Henschen

Interesting fact:

- Research on relationship between noncoding genetic variation and disease. Resulted in submission of a patent application.
- Performed GWAS to look at candidate genes involved in pHTN and HF.
- Technology Fellow at the Penn Center for Innovation
- President/Co-Captain of Haverford College Angry Young Newts Rugby Club
- Is a Level 7 GoogleGuide on Google Maps – contributed over 3400 reviews, photographs, and answers to travelers' questions



Hometown: Philadelphia, Pennsylvania

Adonias Lemma

Medical School:

- Morehouse

Undergraduate:

- Emory

Interviewed By:

- Dr. Jayson Neagle & Dr. Wendy Brown

Interesting fact:

- Founder of Young Physicians Initiative Virtual Mentorship Circles – addresses pipeline issues for URM students to med school
- Developed a Health Curriculum for children on chronic disease management with accompanying oral presentation
- Resilience – Held multiple jobs, started his own tutoring company, and worked as a scribe to help pay for med school.



Hometown: Atlanta, GA

Betelehem Lemma

Medical School:

- Northwestern

Undergraduate:

- Northwestern

Interviewed By:

- Dr. Claire Harrington & Dr. Cybele Ghossein

Interesting fact:

- Family immigrated to the US from Ethiopia when she was five.
- Ethiopian Community Association of Chicago – volunteer work to support Ethiopian refugees.
- Worked for Wrigley for 3 years. R&D intern measuring (tasting?) the texture of gum.
- Projects with Dr. Achenbach – HIV testing/screening patterns



Hometown: Chicago, IL

Laura Lettenberger

Medical School:

- Northwestern

Undergraduate:

- University of Wisconsin

Interviewed By:

- Dr. Josh Hauser & Dr. Kelley Wachsberg

Interesting fact:

- Kathy & Clark Gridley Scholarship – Awarded to a UW-Madison student committed to community service.
- For 4 summers provided full time care to a child with CHARGE Syndrome
- CTEPH project with Cuttica. Lots of work in dementia.
- John Clarke, MD, Award – Awarded by the DOM to outstanding student pursuing a career in IM



Hometown: Waukesha, WI

Impact Factor

I'M FLYING HOME FROM A CONFERENCE OF MEDICAL EDUCATORS. I took copious notes and when I get home, I'll sort through every little thing in them. Right now, however, I'm contemplating a word of great importance to medical educators. The word: impact. My contemplation was triggered by a conversation at the conference that indeed had a great impact on me. It won't be long before we touch down and I'm hurriedly putting my thoughts to paper. Here they are.

Conferences are wonderful for learning about new research as well as innovative education strategies and technologies. For my part, however, I dislike going to conferences. The activities are helter-skelter. I don't like to network. The meeting rooms are too cold. Thus, I'm rather curmudgeon-y at such affairs, and when the opening speaker made the requisite statement about "reconnecting with old friends while making new ones," I'm thinking if I wanted to do that I'd join Facebook.

The presentations focused to a large extent on Technology in Medical Education (TIME). There were some good TIMEs and there were some bad TIMEs. While my mind wandered during the bad ones, I imagined some potential studies and wondered if I could get a publication, or at least a poster, out of any of these: use of manikin simulators to improve students' handshake technique, impact of nocturnal blogging on residents' daytime performance, efficacy of discharge summaries limited to 140 characters.

Between sessions, I was approached by a former resident. I recognized his face immediately and he tactfully reminded me of his name while we shook hands. We caught up on the past 15 years with polite talk. Then came the impact: "I've always remembered something you showed me." He described how the two of us had gone to the bedside of a cardiac patient and I had shown him how to amplify the precordial impulse by using a tongue blade as an extension lever. In this way, we were able to appreciate the sustained apical lift of severe aortic stenosis. He recalled thinking how cool that was. He has since gone on to show this technique to stu-

Journals are often judged by their impact factor, ie, the number of times articles are cited over a set period of time. The impact factor I'm describing is less quantitative but no less important. Institutions, if they're fortunate, have at least one physician with a large impact factor, a physician-educator who inspires learners to inspire others. Our hospital has several but, in my life, one in particular has impacted me time and again. Clad in his trademark plaid pants, he taught me how to talk with patients. At the bedside, he taught me to appreciate the subtleties of the second heart sound and the jugular veins. In the hallway, he taught me that being nice isn't always the best way to advocate for one's patients against the powers-that-be (this from the nicest physician I know). He showed me and many other learners how to observe, how to act, and how to interact. We in turn have imparted these teachings to subsequent learners. Thus, Dr Plaid Pants has a huge impact factor that extends over time to students here, there, and everywhere.

Impact factor is what we strive for as medical educators. Technology is terrific and it's getting better all the time. We can certainly use its help! However, while embracing technology we should not underestimate the impact factor of cool stuff like jugular venous distention or precordial palpation. Physicians have been teaching the art of precordial palpation for more than 3000 years.¹ Our teaching of such things is the educational equivalent of re-gifting and it's in good taste anytime at all. Because, in the end, when the three-part harmonies of teacher, learner, and patient come together, something wonderful happens. And that something has a big impact factor.

I have been doing physical examination rounds for some time, and although students enjoy them and ask for more, I had come to adopt a defensive attitude, eg, "This is an interesting murmur, but our bedside conclusions will be trumped by the echo." In the tech era, I had been underestimating the impact factor of bedside demonstration of physical exam techniques. Now, re-impacted by a former resident, I am going on the offensive: I will have more impact at the bedside. I will

The Dr. John Clarke Award

Journals are often judged by their impact factor, ie, the number of times articles are cited over a set period of time. The impact factor I'm describing is less quantitative but no less important. Institutions, if they're fortunate, have at least one physician with a large impact factor, a physician-educator who inspires learners to inspire others. Our hospital has several but, in my life, one in particular has impacted me time and again. Clad in his trademark plaid pants, he taught me how to talk with patients. At the bedside, he taught me to appreciate the subtleties of the second heart sound and the jugular veins. In the hallway, he taught me that being nice isn't always the best way to advocate for one's patients against the powers-that-be (this from the nicest physician I know). He showed me and many other learners how to observe, how to act, and how to interact. We in turn have imparted these teachings to subsequent learners. Thus, Dr Plaid Pants has a huge impact factor that extends over time to students here, there, and everywhere.

Dr. Robert Hirschtick. JAMA 2011.

Noah Lybik

Medical School:

- Michigan

Undergraduate:

- Northwestern

Interviewed By:

- Dr. Randy Orr & Dr. Brianna Valdes

Interesting fact:

- College degree in Comm action and social change
- Americorp for a year – resiliency training and trauma-informed care for HS students
- Studied effects of extreme weather on health in rural Ecuador
- Developed and researched a community Emergency Prescription Program
- Trivia: During high school, I played on a local TV station's weekly trivia game show called the Brain Game



Hometown: Carmel, IN

Meghan Lynch

Medical School:

- Northwestern

Undergraduate:

- University of Denver

Interviewed By:

- Dr. Sara Small & Dr. Cheryl Lee

Interesting fact:

- PharmD – worked as a clinical pharmacist at UofC
- Has a patent! Wearable medical devices.
- Completing MBA – on drug/device companies.
- Interested on oncology and global health
- Traveling (33 countries so far). Sky diving (My goal is to sky dive on every continent). Hiking (I have climbed five 14ers and one 17er)
- Molecular mixology



Hometown: Broomfield, CO

Sarah Marini

Medical School:

- Florida

Undergraduate:

- Florida

Interviewed By:

- Dr. Petra Angelova & Dr. Rachel Cyrus

Interesting fact:

- Research on transgender youth and whether telemedicine is viable platform for receiving gender-affirming care, multiple pubs
- Organized a community health clinic in a local Church for Spanish-speaking migrant community.
- Women's Health Clinic Director – developed referral process for undocumented patients needing colposcopy
- Loves Orange Theory



Hometown: Miami, FL

Anna Moshkovich

Medical School:

- Rush

Undergraduate:

- Michigan

Interviewed By:

- Dr. Rachel Cyrus & Dr. Adeboye Ogunseitan

Interesting fact:

- Figure skating for 20+ years.
- 2020 Rush Positive Learning Environment Award
- Proactive in student council with activity improving wellness for medical students. Negotiated for travel funds for away rotations for students with financial limitations.
- Lots of geri-neuro/dementia research— worked as a research asst at NU prior to med school with Dr. Sandra Weintraub
- Member of the "Yelp Elite Squad"



Hometown: Kharkiv, Ukraine
& West Broomfield, MI

Alexander Papadogiannis

Medical School:

- Rosalind Franklin

Undergraduate:

- Wesleyan University

Interviewed By:

- Dr. Peter Sporn & Dr. Brianna Valdes

Interesting fact:

- Leadership role in Rosalind Franklin DEI Taskforce, developed peer mentoring program for URM students
- Distinction in Basic Science Award in med school – studied sex-dependent effects of chronic inflammation on neuronal dendritic spine density
- Subsequent clinical research – osteoarthritis quality improvement projects
- Competes in Brazilian Jiu-Jitsu



Hometown: Chicago, IL

Amanda Pirola

Medical School:

- Temple

Undergraduate:

- Harvard

Interviewed By:

- Dr. Marianne Green & Dr. Phillip Santoiemma

Interesting fact:

- Gold Humanism Awardee
- President of Temple Emergency Action Corps- oversaw student run clinic, facilitated CPR education for students, ran disaster preparedness elective
- Research on incorporating local community members into the med school interview process
- Multiple ID projects – cohort study looking at xylazine (tranq) injection drug use and increase in injection-related skin and soft tissue infections
- Has climbed Mt Kilimanjaro



Hometown: Washington, NJ

Marguerite Poche

Medical School:

- Baylor

Undergraduate:

- LSU

Interviewed By:

- Dr. Carrie Richardson & Dr. Marianne Green

Interesting fact:

- Worked in community service supporting Mexican immigrants
- Several projects on managing VTE in patients with cancer.
- Interested in Hep and Liver transplant
- High School Track n Field Asst Coach – led team to Texas state championship!



Hometown: Woodlands, TX

Melissa Querrey: PSTP

Medical School:

- Northwestern

Undergraduate:

- Emory

Interviewed By:

- Dr. Richard Wunderink & Dr. James Walter

Interesting fact:

- From a rural, 2,300-person farming community in NW Missouri
- National champ rugby player.
- Religious studies major: study abroad in India with Tibetan Buddhist Monks.
- Converted to PhD program while med student. Research in immunology and spatial transcriptomics and proteomics after lung transplant.
- PCCM



Hometown: Plattsburg, MO

Walter Rossi

Medical School:

- Case Western

Undergraduate:

- University of Chicago

Interviewed By:

- Dr. Shaundee Sekhon & Dr. Robert Hirschtick

Interesting fact:

- Worked as an 8th grade science teacher/completed Master of Science for Teachers prior to med school
- Trained in mouse husbandry and mouse dissection- research on impact of obesigenic diet on immune cells in mice.
- In Urban Health Pathway at Case- select group focused on medically vulnerable populations and community work
- Hobbies: Videogaming, Anime



Hometown: Brooklyn, NY

Ashraf Samhan

Medical School:

- Oregon

Undergraduate:

- Oregon State University

Interviewed By:

- Dr. Dan Schimmel & Dr. Ike Okwuosa

Interesting fact:

- Awards for innovation- Finalist for InventOregon State competition- prototyping challenge focused on innovation and technology
- Research on improving post surgical outcomes by increasing access to digital health for pts in rural areas
- Lots of TAVR research
- Interests: Coffee shops, stand-up comedy, distance running



Hometown: Corvallis, OR

Jack Shapiro

Medical School:

- Vanderbilt

Undergraduate:

- Vanderbilt

Interviewed By:

- Dr. James Paparello & Dr. Debi Mitra

Interesting fact:

- Scribe for a year
- Interested in space exploration (closely follow news related to NASA, SpaceX, etc.)
- Into MedEd – did a workshop on how to give a chalktalk to a patient
- Projects in COVID and pHTN; and in O2 targets in ventilation
- Interested in PCCM



Hometown: Palo Alto, CA

Mark Solinski

Medical School:

- Loyola

Undergraduate:

- Loyola

Interviewed By:

- Dr. Gordon Wood & Dr. Christopher Moore

Interesting fact:

- Gold Humanism Honor Society awardee
- Received a Gold Humanism Honors Society Grant to implement and analyze the effectiveness of a near-peer mentoring program
- Special Education teacher for 3 years.
- Teach for America for 1 year.



Hometown: Lake Zurich, IL

Khyati Somayaji

Medical School:

- Temple

Undergraduate:

- Michigan

Interviewed By:

- Dr. Christine Schaeffer & Dr. Brianna Valdes

Interesting fact:

- Gold Humanism Awardee
- Dance training for 20+ years: Indian Classical dance, Bollywood dance, Ballet/Jazz - choreographed dance for the largest student run production in North America
- MA in urban bioethics
- CTEPH and onc projects.
- Interests in urban bioethics and narrative medicine/poetry. Poetry blog (Scrubs&Scribbles).



Hometown: Overland Park, KS

Jacob Sterling: PSTP

Medical School:

- Penn

Undergraduate:

- Penn

Interviewed By:

- Dr. Dan Evans & Dr. Zach Hughes

Interesting fact:

- Work focused on immune circuits within the CNS.
- PhD - studied the effects of diet-induced obesity on the retina.
- I joined the Lavine lab to study perivascular macrophages using single-cell RNA sequencing.
- Interest in utilizing immunologic background in cardiovascular disease research.



Hometown: Munster, IN

Joshua Thariath

Medical School:

- Michigan

Undergraduate:

- Michigan

Interviewed By:

- Dr. Wendy Brown & Dr. David Neely

Interesting fact:

- MS in industrial engineering and operations
- Research on DM care in Sri Lanka
- Treasurer and Director of Consulting Services for The Dahlia Collective, a 501(c)(3) to improve women and person-of-color (POC) access to business development resources.
- Paper title "A Moral imperative to heal the broken health care model" – projects on care coordination across hospital sites
- Founding member of a MedEd game development company, On Call Games. First product, BuzzBoards, a Taboo-like medical game
- Interested in astrophysics, astronomy, Brazilian Jiu Jitsu



Hometown: Hawthorn Woods, IL

Nicole Trupiano: MedDerm

Medical School:

- University of Michigan

Undergraduate:

- UNC

Interviewed By:

- Dr. Rosalind Ramsey- Goldman & Dr. Elyse Linson

Interesting fact:

- Research on disparities in genetic testing among patients with melanoma – resulted in 3 abstracts, several grants, and 2-month NIH funded experience
- President of Medical Education Consulting Group (Med ECG) – student run org that provides pro bono consultation to community partners
- Received Provost's Teaching Innovation Prize for work in interprofessional education and curriculum development



Hometown: East Greenwich, RI

John Wang

Medical School:

- University of Virginia

Undergraduate:

- Grinnell College

Interviewed By:

- Dr. Ian Everitt & Dr. Alexandra Zubenko

Interesting fact:

- Oncology research- breast cancer and stem cell. 9 publications including 3 first author.
- Co-leader of Club MED – supports students interested in applying to IM residency
- Telehealth interest group- facilitates student research in telehealth and supports students in conducting telehealth through various curricula
- Loves to cook- has his own herb garden and volunteers for breakfast shift at a local homeless shelter



Hometown: Atlanta, GA

Emmy Wanjiku

Medical School:

- Wisconsin

Undergraduate:

- IU-PU Fort Wayne

Interviewed By:

- Dr. Melanie Smith & Dr. Angelo Costas

Interesting fact:

- Mentor through the Rural and Urban Scholars in Community Health (RUSCH) program supporting pre-med students
- PS about transition to Midwest and experiencing snow for 1st time
- Interested in ID – projects on Zika and pregnancy and ID Interest Group Co-Leader
- Into astronomy- spends a lot of time at the observatory



Hometown: Nakuru, Kenya
& Fort Wayne, IN

Abigail Weiland

Medical School:

- Northwestern

Undergraduate:

- Johns Hopkins

Interviewed By:

- Dr. Timothy Oh & Dr. Dan Schimmel

Interesting fact:

- Scribe for a year
- Horseback riding in college. In college, I rode on the club team, making it to the zone finals one year.
- Sim workshop on handling bias
- Developed a disability education assessment tool for PMR
- Project studying dysphagia in head and neck cancer



Hometown: Evergreen, CO

Andrew Wilbur

Medical School:

- Georgetown

Undergraduate:

- UC San Diego

Interviewed By:

- Dr. David Young & Dr. Emily Szmuiłowicz

Interesting fact:

- Two years at the NIH: basic science in protein modeling.
- Project on GI Bleeding Evaluation in ED with SHA2PE score
- Paid to be a medical note writer in med school
- Founded an organization to help provide clothing and other necessities to undomiciled and other disadvantaged patients discharging from the hospital
- Drumming: now play in a band with fellow medical students called "The Positive Coccus".
- Volleyball: my team recently winning an indoor tournament.



Hometown: San Diego, CA





Jessica Zhang

Medical School:

- Albert Einstein

Undergraduate:

- University of Virginia

Interviewed By:

- Dr. Wendy Brown & Dr. Sunandana Chandra

Interesting fact:

- Gold Humanism Awardee
- Health policy guru – intern for Department of International Affairs in DC (global biotech issues), and analyzed bioethical issues in hospital with Director of Patient Safety and Risk
- Selected for prestigious New York Academy of Medicine’s Margaret Mahoney Health Policy Fellowship
- Studied cultural competence in mental healthcare
- Another extremely talented artist- specialty is acrylic painting!



Hometown: Pine Brook, NJ

Jessica's Art!



Caroline Zhao

Medical School:

- Northwestern

Undergraduate:

- Yale

Interviewed By:

- Dr. Nandita Nadig & Dr. Sarah Hale

Interesting fact:

- Harpist - Winner of the 2012 Jacqueline Avent Concerto Competition
- Stellar Mental Health and DM projects with Dr. Henschen. Also, projects on sleep and gynecological cancers.
- Reflections on Study Strategy Modifications Using Cognitive Load Theory and Dual Processing Theory in the First Year of Medical School.
- Smith, L., Zhao, C., Vogel, K., **Grudzinski, K.** A pain in the butt --- Oral Presentation presented at: Alert and Oriented Podcast; Chicago, IL.



Hometown: Nashville, TN

Faculty who matched 3 or more:

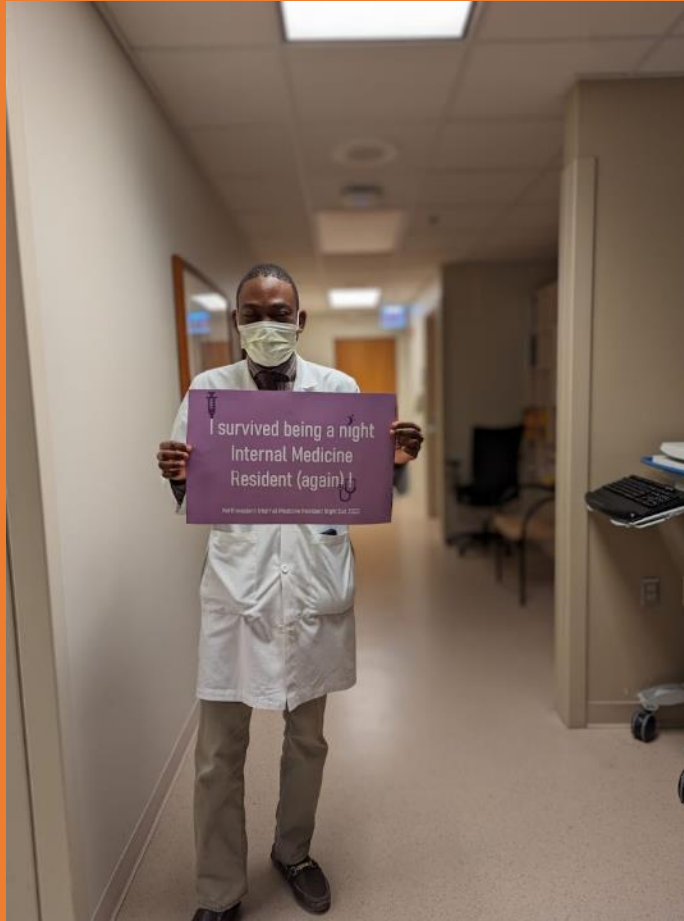
- Brianna Valdes
- Marianna Green
- Shaun Sekhon
- Wendy Brown

Faculty who matched 2 or more:

- Christopher Moore
- Claire Harrington
- Cybele Ghossein
- Dan Schimmel
- Dave Neely
- David Young
- Gordon Wood
- Jason Arnold
- Jeff Barsuk
- Kelley Wachsberg
- Peter Sporn
- Rachel Cyrus

Thanks To The Residents





I survived being a night
Internal Medicine
Resident (again)!

Northwestern Internal Medicine Resident Night Out 2023

ALERT & ORIENTED

Alert & Oriented is a *medical student-reasoning* podcast dedicated to providing a platform for early learners to practice reasoning skills through team-based dissection in real-time

THE TEAM

NORTHWESTERN
Kevin Grudzinski - MPMQY 1
Lauren Smith - M4
Daniel Matthew - M4

Rich Abrams
Meggie
Nick

CAN YOU SOLVE OUR RECENT CASE?
Ep. 27 Northwestern X Rush Ep. 26 Its All In The S
Ep. 25 Mind The Gap
Ep. 24 On The Right Tract - Featuring Dr. Didv

Help connect us with interested medical students!

Have a cool diagnostic case? We will feature it!

Kevin

Journal of Religion and Health
https://doi.org/10.1007/s10943-022-01636-z

PHILOSOPHICAL EXPLORATION

The Ignatian Examen in Medical Practice: A Model for Clinicians

Joseph R. Fuchs¹ · Jeffrey W. Fuchs¹ · Marcus Mescher²

Accepted: 11 August 2022
© The Author(s), under exclusive licence to Springer Science+Business Media, LLC, part of Springer Nature 2022

Abstract

St. Ignatius of Loyola created The Examen daily practice for spiritual and moral formation and generosity. For five hundred years, people learned *The Examen* from the Jesuits and adapted it for their own spiritual growth. The practice of medicine requires reflection and professional development, to improve our health equity. Here we present a model for use

Keywords Ignatian Spirituality · Reflection · C

- Home
- About
- Membership
- Member Education
- News
- Resources
- Surveys & Data
- Networking

Building Trust through Diversity, Health Care Equity, & Inclusion in Internal Medicine Training

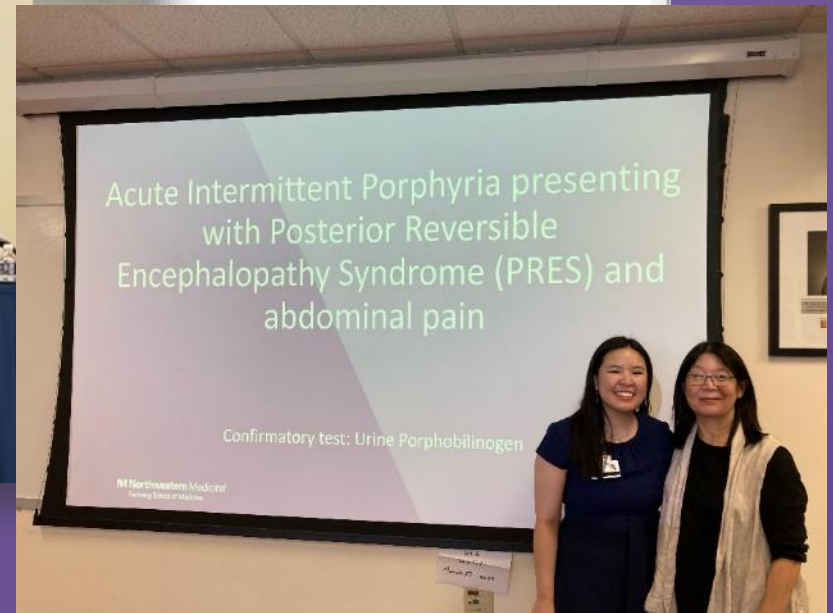
In This Section
UME GME Program Resources

Innovation Grants
o Grant Results & Outcomes

Building Trust through Diversity, Health Care Equity, Inclusion and Diagnostic Excellence in Internal Medicine Training

Now in its third year, this joint grant program supports projects that will integrate diversity, equity, and inclusion (DEI) into the fabric of internal medicine education and training. A half a million dollars in funding is designated to support inter-professional projects that are led by internal medicine residents and faculty focused on improving trust and advancing health care system.

White Paper: The Right Tract As a result of new support from the Gordon and Betty Moore Foundation, a portion of the funding pool (\$100,000) is dedicated to grants that support projects that promote diagnostic excellence and address diagnostic inequities such as race, ethnicity, gender, sexual orientation, geography (rural vs. urban), and ability, and to foster greater diversity equity.





Thank You and let's Celebrate!